

F. Y. I.

FOR YOUR INFORMATION

**Michigan SAA
to Meet**

Recovery, The Journey of a Lifetime, is the theme of the fifth annual Michigan State SAA Conference.

Co-sponsored by the Michigan Intergroup of SAA and the Mid-Michigan Intergroup of SAA, the conference will be held Saturday, November 2, at the Bridgeport Community Church, 3821 State Street, in Bridgeport, Michigan.

The daylong event begins with registration at 8:30 a.m. followed by conference sessions from 9:00 a.m. until 7:00 p.m.

Members of all "S" groups and "C" groups are welcome to attend. Registration, which includes lunch and dinner, is \$20 until October 15 and \$25 thereafter. Scholarships are available.

For more information, contact: Norbert B. (989-835-2832 / Norbert@tm.net) or Ted M. (734-482-1621 / tdm1@bignet.net).

**ISO Calls for 2003
Convention Business
Items**

The 2003 SAA International Convention will be held Memorial Day weekend in Portland Oregon.

Any business items to be brought before the Delegates Meeting need to be submitted as early as possible. The deadline for inclusion in the Call to Convention packet is January 25, 2003.

Business items submitted must follow the formatting directions that have been established by ISO.

Ken S., who has submitted items for consideration in the past, is willing to help any member of the fellowship complete the necessary paperwork. Ken may be contacted at (812) 339-4570.

Calendar**October**

12 IISAA Meeting, 4 p.m.

24-26 Eighth Annual Retreat

November

2 Michigan State Conference

9 IISAA Meeting, 4 p.m.

December

7 Holiday Party, 7 p.m.

14 IISAA Meeting, 4 p.m.

31 **Check IN** Deadline

2001 Retreat Reflection***Thoughts on Forgiveness***

"I imagine that one of the reasons people cling to their hates so stubbornly is because they sense, once the hate is gone, they will be forced to deal with pain." (James Baldwin)

"A wise man will make haste to forgive, because he knows the true value of time, and will not suffer it to pass away in unnecessary pain." (Samuel Johnson)

"Holding on to anger is like grasping a hot coal with the intent of throwing it at someone else; you are the one who gets burned." (Buddha)

"Let go of resentments . . . by recognizing the woundedness of the person resented."

(Anonymous)

"The things that two people in love do to each other they remember. And if they stay together, it is not because they forget; it is because they forgive."

(From the movie, Indecent Proposal)

"It is just that he who asks forgiveness for his offenses should give it in return." (Horace)

"Forgiving is a choice you make—a gift you give to somebody even if they don't deserve it. It costs nothing, but it makes you feel rich for giving it away."

(Lurlene McDaniel)